

Smoking Cessation in Cancer Services: Project factsheet for staff



Improve your
patients' outcomes
by helping them
to quit smoking

What is the aim of the project?

To ensure that patients of cancer services are provided with smoking cessation support to improve patient outcomes.

What will this clinical improvement initiative deliver?

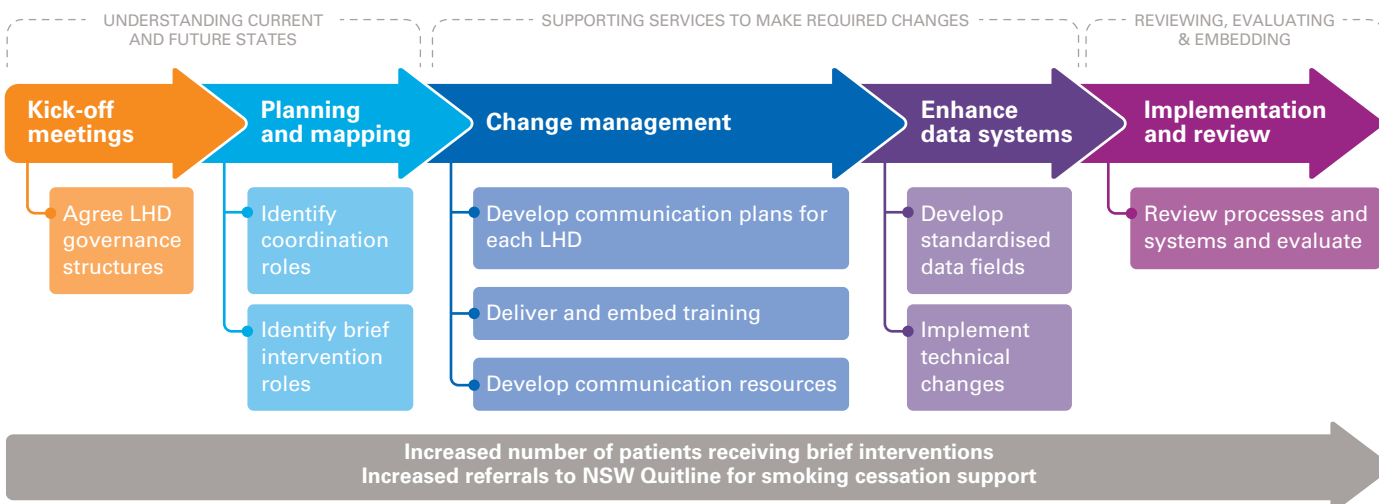
- Increase the provision of smoking cessation support for people with cancer
- Enhance referral pathways to NSW Quitline to support patients to quit smoking

What are the long term outcomes for people who quit?

- Improve cancer treatment outcomes for patients who smoke
- Reduce the risk of cancer treatment complications
- Improve the quality of life for people with cancer
- Improve cancer survival rates

How will we work together to embed smoking cessation in cancer services?

The Cancer Institute NSW and Local Health Districts will work collaboratively to support the implementation of *The Smoking Cessation Framework* for NSW Health Services



Smoking Cessation in Cancer Services:

Project factsheet

How does it work?

Providing an effective brief intervention **only takes a few minutes** and consists of the following three steps.



Ask

Patients about their smoking status and record this information in the patient's record



Advise

Patients that in addition to treatments, the most important thing they can do to for their cancer treatment is to quit smoking



Act

by making a referral to NSW Quitline for smoking cessation support

What do I need to know about the NSW Quitline?

All patients who smoke can be referred to the Quitline. This service provides:

- ✓ Free callback service by a smoking cessation advisor to support people who smoke to quit
- ✓ Evidence-based service that can increase the chance of quitting smoking successfully
- ✓ Referral by health professionals is quick and simple – online or by fax
- ✓ Feedback is provided from Quitline to referrer (with patient consent)
- ✓ Dedicated Aboriginal Quitline and language lines in Arabic, Cantonese, Mandarin and Vietnamese

Go to:

 www.cancer.nsw.gov.au/quitline

Quitline
137848

More information

For more information in relation to the Smoking Cessation in Cancer Services Project please email cinsw-prevention@health.nsw.gov.au